

From My Desk

By Michaela Scherr



ISSN 1832-9888

Vol 3, Issue 8
31 August 2006

ABN 77 357 710 454

Brisbane Queensland, Australia
P: 61 7 3863 0688 M: 0402 208 577
W: <http://www.michaelascherr.com>
E: enquiries@michaelascherr.com

| Content | Page |
|--|------|
| Welcome | 1 |
| Vibrational Healing - what is it? | 2 |
| Common Misconceptions about Career Management | 4 |
| Quick Click! Internet Tips! | 5 |
| Self Help Tool Gallery | 6 |
| Upgrade your Certificate IV in Assessment And Workplace Training | 6 |

"When angels visit us, we do not hear the rustle of the wings, nor feel the feathery touch of the breast of a dove; but we know their presence by the love they create in our hearts.

Oh you may feel this touch, it is not the clasping of hands, nor a loved person present; it is more than this: it is a spiritual idea that lights your path!"

Mary Baker Eddy (1821-1910) Author,
Miscellaneous Writings 1883 - 1896



Welcome to Issue 8 of From My Desk!

Greetings and Welcome to you all - and an early welcome to the first day of Spring here in Australia!

I hope you've all had a great four weeks! Mid August found me working at the Health & Harmony Festival at lovely Mudgereeba on the Gold Coast. What a beautiful place! The atmosphere was perfect and I had the privilege of meeting many beautiful souls. I was totally booked out for the entire two days doing lots of intuitive readings and vibrational healings. Thankfully I had my trusty helper with me, my 13 year old son Aaron. He handled all my bookings and looked after my stall whilst I was working - I really wouldn't have been able to do this without your help Buddy - thank you!

The festival weekend saw me also doing quite a few vibrational healing sessions so decided to share with you briefly what vibrational healing is. I had Aaron draw a picture of what he saw which you can see on page 2.

In my line of work I often have people ask me about their careers so thought it might be a good time to revisit a few career management tips. I've included an article of interest called **Common Misconceptions about Career Management** written by Ford R. Myers, author and top career consultant in the USA.

*The e-book finally has a name! **Quick Click! Internet Tips!*** I originally designed my own front cover which I thought was kind of nice, however once my son saw it, his response was "Hope you won't be offended mum, but that is really old fashioned!" Okay, point taken, it's good to know that the generation gap is working well here. Thank goodness for teenage sons who can draw! You can see the e-book cover on page 5.

From My Desk

By Michaela Scherr

ISSN 1832-9888

Vol 3, Issue 8
31 August 2006



You may have read previously that animals and birds are very attracted to this house. The ginger cat (owner unknown) still on occasion, jumps onto the flywire of my windows scaring me half to death. Then there are the birds that hit my office or kitchen window. A short while ago a gorgeous kookaburra knocked itself out (and nearly me) as it flew at full speed into my office window. He's okay but I'm guessing he has a pretty big headache!

Well, I really hope you enjoy this month's issue of From My Desk. Until next month, may you have many wonderful moments!

Michaela ☺

Vibrational Healing - what is it?

On the way home after a very successful time spent at the Health & Harmony Festival, I asked my son whether he saw anything, while I was doing my vibrational healing work. This is his story on what he observed:

Quote:

I was curious to see what vibrational healing was all about so I just stared at mum's hands and saw a ball that glowed in the middle. When mum did vibrational healing the ball was dark orange on the outside. About 10 cm around the ball were little balls coming in from all directions gradually getting bigger as they came onto the ball. They went at a fast rate into the main ball. It seemed to start at my mum's palms. Then the ball went into the person's head and when mum was finished the ball slowly faded. Also, for some reason the ball made a low humming sound the whole time. I thought it was weird and unexplainable and drew a picture of it.



Aaron, 13 years

In the known Universe, everything vibrates, from low frequency to high. Electrons, protons, and neutrons that form atoms and sub-atomic particles all move at incredible speeds. Sub-atomic particles millions of times smaller than the full stop at the end of sentences move so fast that technology is yet to actually photograph what they look like.

In a broad sense we're surrounded by electric and magnetic fields. Albert Einstein put forward the

theory of Special Relativity, part of which outlines the behaviour of electric and magnetic fields - hence the term 'electromagnetic energy'.

We're not able to physically see sub-atomic particles, atoms, or molecules and neither do we experience the spirit world in the same way. We experience that world by using our heightened five senses, and our 'awareness' or 'intuitive self'. Some have said to me that they're not intuitive and

wish they were. Well I have good news and that is everyone has that capability and can be taught over a period of time.

We call this electromagnetic energy which surrounds our body, an 'aura'.

The aura is one area that many healers sense, feel, or see. This skill, which anyone can learn with practice and perseverance, is used to help clear and rebalance the energy field.

©Copyright 2006 Michaela Scherr – From My Desk is Karma protected

Michaela's articles may be reproduced as long as they remain intact, she is acknowledged, you include a link to <http://www.michaelascherr.com> and send a copy of your reprint to enquiries@michaelascherr.com
To unsubscribe email unsubscribe@michaelascherr.com from the email address you'd like to unsubscribe from.

From My Desk

By Michaela Scherr



ISSN 1832-9888

Vol 3, Issue 8
31 August 2006

Sometimes for whatever reason, we hold on to negative thought forms. These thought forms are created over a period of time by our own thoughts. For example anger at someone, hatred, victim mentality etc, or they can be created by allowing the impact someone has on us to take hold - the opposite of what would be called "water off a duck's back". When blockages build up in these energy centres due to internal and external stressors, we can feel pretty bad and low on energy.

Simply put, by applying vibrational healing, universal energy is channelled into the outer aura and chakras (or energy centres), using the most appropriate colour or colours during this process. Originating from eastern philosophies chakras or energy/spiritual centres as they're also known, are spinning wheels or vortexes that are responsible for the condition of mind, body and spirit.

Some uses of vibrational healing are to clear any negative thought forms; rebalance and facilitate harmony within us; experience more vitality; and to heal at the subtle (spiritual) level.

Vibrational energy also has many other names:

- Universal energy
- Life energy
- Prana
- Reiki
- Mana (Polynesian)
- Life force
- Ki
- The Force (Star Wars fiction)
- Universal Light
- Ruah (Hebrew)
- Subtle energy
- Chi
- Vital energy
- Pneuma (Greek)
- The Od, also known as Odic force (Norse)

Words or phrase sometimes used to describe the world beyond normal perception:

- Sixth sense
- Intuition
- Clairesentience
- Premonition
- Inspiration
- When someone has a Fey quality
- Third eye
- Clairvoyance
- Claircognitive
- Insight
- Subtle perception
- Second sight
- Clairaudience
- Precognition
- Knowingness
- ESP - extrasensory perception

If you'd like more information on vibrational healing or you'd like to book a session, please feel free to send me an email at enquiries@michaelscherr.com or give me a call on 07 3863 0688 or mobile 0402 208 577.

*"The last time I opened my chakra so I could feel my peace, I got thrown right out of the pub."
Terri Guillemets*

Intuitive Readings

Stuck? Need answers to questions? Maybe a generalised overview is just what you need. Intuitive readings complement life choices, life purpose, as well as provide guidance for more successful results and greater life balance.

No time for a one-on-one session? Email readings now available.

For an appointment with Michaela, or more information call 07 3863 0688 or email enquiries@michaelscherr.com

From My Desk

By Michaela Scherr



ISSN 1832-9888

Vol 3, Issue 8
31 August 2006

Common Misconceptions about Career Management

By Ford R. Myers

You get your clothes cleaned when they're dirty. You pay your bills each month. You see your doctor once or twice a year. You send cards to family-members at each birthday. So, why is it that most people (maybe even you!) don't integrate career management into their regular routine?

Most individuals have a reactive - not a "proactive" - approach to their careers. Thinking that you only need to "fix your career when it's broken" (i.e., when you're laid off, downsized or just plain miserable) is a very unfortunate misconception that will seriously limit your career success!

Here are 10 other common misconceptions about career management:

1. **The most qualified candidate gets the job offer.**

WRONG! Many times candidates with lesser qualifications get job offers simply because they've prepared and presented themselves in a more compelling way. In other words, they're better self-marketers! Being "qualified" is not enough. You must CONVINCe the employer that you're the best candidate for the job.

2. **As long as I have a job, I don't have to work on my career.**

WRONG! Even if you're employed today, you never know what may happen tomorrow! To avoid a career disaster, you should incorporate "Perpetual Career Management" into your professional life. Vital tasks like keeping your Accomplishment Stories up to date, or networking regularly with professionals in your industry, should be incorporated into your regular routine.

3. **My professional education stopped when I graduated from school.**

WRONG! You should always look for ways to advance your professional knowledge. Attending seminars, reading trade journals, pursuing

certifications, etc. - these activities should be a part of your ongoing professional development process. It's imperative that every professional remain current in his or her field.

4. **Employers always offer the most generous compensation they can afford.**

WRONG! Employers expect that you've done salary research, and they anticipate dynamic negotiations. In fact, they'll often be disappointed and question your candidacy if you DON'T negotiate. Employers usually state a low salary offer merely as a "trial balloon," to see how you'll react - and there's almost always room to improve on the initial compensation offer.

5. **If I just do a good job, my position will be secure.**

WRONG! With corporate mergers, downsizings, outsourcing and a shaky economy, NO job is secure. You must take full responsibility for your own career security.

6. **My résumé is the only document I need to search for a job.**

WRONG! Your résumé is just one of

the 10 "tools" you need in your "Job Seeker's Tool Kit." In order to land a quality position in today's market, you'll also need Accomplishment Stories, Positioning and Exit Statements, a Professional Biography, a Target Company List, and many other vital components.

7. **Recruiters will find me a job, so I don't have to search for jobs myself.**

WRONG! Although recruiters can be helpful, the most successful way to find a new opportunity in today's job market is through networking. It's fine to use Executive Search Firms, but they're just one vehicle for you to leverage. Only YOU can find you a new job.

8. **Employers are responsible for managing my career path.**

WRONG! This statement might have been true in our father's or grandfather's time. But now, it's "every man for himself." Only YOU have the power to take control of your career and manage it for success. So, make the most of it! Get support and guidance from a qualified Career Consultant if you feel that this would be helpful.

©Copyright 2006 Michaela Scherr - From My Desk is Karma protected

Michaela's articles may be reproduced as long as they remain intact, she is acknowledged, you include a link to <http://www.michaelascherr.com> and send a copy of your reprint to enquiries@michaelascherr.com

To unsubscribe email unsubscribe@michaelascherr.com from the email address you'd like to unsubscribe from.

From My Desk

By Michaela Scherr

ISSN 1832-9888

Vol 3, Issue 8
31 August 2006



9. Networking is only for entrepreneurs and jobseekers - I don't need to network now.

WRONG! It's a smart career move to ALWAYS be networking, no matter what's going in your professional life. If you don't need help at this time, build-up your networking power by helping others. Consistent, effective

networking will always pay big dividends! It's just a natural part of ongoing career management.

10. Most good jobs are listed on Internet job sites and in newspapers, so they're easy to identify.

WRONG! Only one percent of job postings that are on the Web or in

newspapers are any good! And that's where you'll be competing against 99% of all the other job seekers! Since these odds are not in your favor, you should spend VERY LITTLE time on this search technique - and instead, focus almost all of your time and energy on networking!

Now that you're familiar with these deadly career misconceptions, you can easily reverse them to have a very positive impact on your career. The first step is to change your thinking, and then to practice productive new behaviors in a consistent manner!

Copyright © 2006, Ford R. Myers and Career Potential, LLC.

Ford R. Myers, career expert and author, is creator of The Ultimate Career Guide. Visit <http://www.ultimatecareerguide.com> to get this comprehensive career success system. FREE bonus gift (worth \$49.00) included with every order!

"Some people make things happen, some people watch things happen, while others wonder what has happened"
Proverb

Quick Click! Internet Tips!

Scared of the internet? Overwhelmed by the prospect of starting your own website and not sure what or where the starting point is?

This e-book is:

- ➔ About helping you to familiarize yourself with the world of the internet;
- ➔ Is all about the basics first - this isn't a complex technical manual;
- ➔ All about making the transition to working online one of ease;
- ➔ About discovering what your website is for, what it will do, and what your brand is all about;
- ➔ About finding helpful links and tips; and
- ➔ Aimed at the young to older ☺ who are new to working online.



*AU\$19.95

11 easy-to-read chapters, this e-book will introduce you to websites and the internet and covers basic information only.

Explore each chapter at your leisure and use it as a resource you can refer to when needed.

You'll find topics such as:

- ➔ Brainstorming ➔ brainstorming questions ➔ the web standards ➔ web safe colors ➔ marketing websites ➔ copyright ➔ precautions ➔ internet buzzwords ➔ getting visitors to your site ➔ some great reference sites and tools ➔ and lots more!

For more details send an email to enquiries@michaelascherr.com or visit <http://www.michaelascherr.com>

©Copyright 2006 Michaela Scherr – From My Desk is Karma protected

Michaela's articles may be reproduced as long as they remain intact, she is acknowledged, you include a link to <http://www.michaelascherr.com> and send a copy of your reprint to enquiries@michaelascherr.com
To unsubscribe email unsubscribe@michaelascherr.com from the email address you'd like to unsubscribe from.

From My Desk

By Michaela Scherr



ISSN 1832-9888

Vol 3, Issue 8
31 August 2006

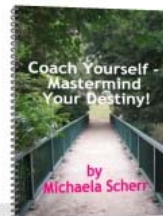
Self Help Tool Gallery



*AU\$24.95



*AU\$24.95



*AU\$19.95



*AU\$14.95

*All prices are GST inclusive.

For more information on purchase details visit <http://www.michaelascherr.com>

Upgrade your Certificate IV in Assessment and Workplace Training

Do you have a Certificate IV in Assessment and Workplace Training? Is it the just replaced BSZ40198 and you would like to upgrade to the new TAA40104 Certificate IV for just \$500?

You may have seen many advertisements offering upgrade training, however if you have current training and assessment experience you could get full RPL/RCC from a highly skilled TAA40104 Trainer and Assessor on behalf of an RTO delivering in all States.

Contact David Scherr on 0412 788815, or e-mail dscherr@tpg.com.au. Alternately visit our website at www.dimitriou.id.au for further information.

Advertising space for sale

Do you have something newsworthy you'd like to share with readers of From My Desk or for those who visit <http://www.michaelascherr.com>? Maybe you have a future event, a workshop, group meeting, or website launch you'd like to announce?

Text only advertising space is now at <http://www.michaelascherr.com>, and within the From My Desk, newsletter. Please note: advertising space is currently limited to four only and conditions apply

For information on advertising rates and special conditions email enquiries@michaelascherr.com

Disclaimer: The information and opinions expressed by the authors of articles other than by Michaela Scherr found in the *From My Desk* newsletter does not necessarily represent those of Michaela Scherr.

©Copyright 2006 Michaela Scherr – From My Desk is Karma protected
Michaela's articles may be reproduced as long as they remain intact, she is acknowledged, you include a link to <http://www.michaelascherr.com> and send a copy of your reprint to enquiries@michaelascherr.com
To unsubscribe email unsubscribe@michaelascherr.com from the email address you'd like to unsubscribe from.